



## “HOW DENSE ARE YOU?”

### BONE DENSITY REGISTRATION FORM

**Patient Information:**

Name : \_\_\_\_\_

Social Security # \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Ethnicity (Please circle) Asian Black Hispanic White Other \_\_\_\_\_

Age: \_\_\_\_\_ Sex: M \_\_\_ F \_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**ARE YOU AT RISK FOR OSTEOPOROSIS?**

Do you have a small, thin frame and / or weigh less than 127 pounds? Yes No

Are you 65 years of age or older?

Are you a Caucasian female?

Is your diet low in calcium and dairy products; does your diet consist of less than 1000 gm/ day or less than 3 servings per day?

Are you physically inactive or have you been in poor health?

Do you smoke cigarettes?

Do you regularly consume alcohol in large quantities

- Anticonvulsants
- Chronic Glucocorticoids (steroids such as prednisone or cortisone)
- Asthma inhalers

- Have you had any fractures as an adult? (Please / all that apply.)

- Femur
- Forearm
- Wrist
- Spine
- Humerus
- Pelvis

- Have you been diagnosed with any of the following medical conditions? (Please / all that apply.)

- Early menopause
- Hysterectomy with removal of ovaries
- Dementia
- Hyperparathyroidism
- Hyperthyroidism
- Renal (kidney) failure
- Prostate removal

**For postmenopausal women:**

- Age at menopause \_\_\_\_\_
- Are you on hormone replacement therapy? Yes No
- If age at menopause was before age 45 or was surgically induced, have you been on continuous hormone replacement therapy since that date? Yes No

**For pre-menopausal women:**

- Do you suffer from irregular or stopped menstrual periods (for more than one year)? Yes No

**IF YOU ANSWERED YES TO MORE THAN ONE OF THESE QUESTIONS, YOU MAY BE AT RISK FOR OSTEOPOROSIS!**

**Please let us know:**

- Have you had a bone density test before? Yes No
- Was it within the last 2 years? Yes No
- If not, how long ago was it done? \_\_\_\_\_
- Have you had any medical studies with dye (including GI studies) within the last 2 weeks? Yes No
- Have you had any nuclear medicine studies within the last 2 weeks? Yes No